

# Children's Dental Health AVAILABLE RESOURCES

BY SECTOR



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# Children's RESOURCES

## ACTIVITIES

### 2016 –SUGAR WARS CAMPAIGN

The super space team on the U.S.S. SugarSwatter is making it their mission to fight the sugars that can cause poor dental health, and your child can be a part of the crew! Download the brushing chart and activity sheets below to teach them how to keep their smiles sparkling like the stars.

[www.mouthhealthykids.org/en/activity-sheets/sugar-wars](http://www.mouthhealthykids.org/en/activity-sheets/sugar-wars)

### THE AMERICAN DENTAL ASSOCIATION'S MOUTH MONSTERS CAMPAIGN, ADA FOUNDATION CHILDREN'S RESOURCES

[www.ada.org/en/public-programs/national-childrens-dental-health-month](http://www.ada.org/en/public-programs/national-childrens-dental-health-month)

## GAMES AND QUIZZES

[www.mouthhealthykids.org/en/games-and-quizzes/visit-the-dentist-with-marty](http://www.mouthhealthykids.org/en/games-and-quizzes/visit-the-dentist-with-marty)

### HEALTHY TEETH, HEALTHY ME

Caring for young children's teeth is an important part of keeping their bodies healthy — and it's never too early to get started! These tips and tools were designed to help you and your child care for her teeth together.

[www.sesamestreet.org/toolkits/teeth](http://www.sesamestreet.org/toolkits/teeth)

## VIDEOS

### ORAL HEALTH, ACCORDING TO KIDS

Kids say the darnedest things! What did you think about oral health when you were five years old? Chances are you didn't think about it at all, unless you had a painful cavity. See what these kids think about brushing their teeth, what keeps teeth strong, and going to the dentist!

[www.ilikemyteeth.org/learn-and-share/oral-health-according-to-kids/](http://www.ilikemyteeth.org/learn-and-share/oral-health-according-to-kids/)

### BRUSH 2MIN2X

Help your kids brush their teeth 2min2x (2 minutes each time, twice a day) for healthier teeth, good breath, fewer cavities, and to avoid painful dental problems. The Partnership for Healthy Mouths, Healthy Lives recommends that you help or watch over your kids' brushing until they're 8. Once your child's teeth start to come into the mouth, brush using a children's toothbrush and fluoride toothpaste in an amount no more than the size of a grain of rice.

[www.2min2x.org](http://www.2min2x.org)



# Children's RESOURCES

## APPS

TOOTHSAVERS BRUSHING GAME

[www. www.2min2x.org/toothsavers/index.html/](http://www.2min2x.org/toothsavers/index.html/)



# Parents and Caregivers RESOURCES

**HELP YOUR KIDS BRUSH THEIR TEETH 2MIN2X** (2 minutes each time, twice a day) for healthier teeth, good breath, fewer cavities, and to avoid painful dental problems. The Partnership for Healthy Mouths, [www.2min2x.org](http://www.2min2x.org)

**RESOURCE LINKS** - [www.2min2x.org/helpful-resources/index.html](http://www.2min2x.org/helpful-resources/index.html)

**BEST PRACTICES:** Age One Dental visit, Fluoride Varnish, Community Water Fluoridation, Sealants  
<http://ilikemyteeth.org/learn-share>  
[www.aapd.org/publications/brochures](http://www.aapd.org/publications/brochures)

## CHILDREN'S ORAL HEALTH

[www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html](http://www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html)

## PROTECTING YOUR CHILD'S TEETH

[www.cdc.gov/oralhealth/basics/childrens-oral-health/fl\\_caries.htm](http://www.cdc.gov/oralhealth/basics/childrens-oral-health/fl_caries.htm)

## BRUSH UP ON HEALTHY TEETH

<https://www.cdc.gov/oralhealth/basics/childrens-oral-health/brushup.htm>

## A HEALTHY SMILE CAN LAST A LIFETIME

With the proper care, your teeth can stay healthy and strong throughout your entire life. Get advice on caring for your mouth at any age and any stage of life!

[www.mouthhealthy.org/en/life-stages](http://www.mouthhealthy.org/en/life-stages)

## SHOPPING LIST ADA SEAL OF ACCEPTANCE PRODUCTS FOR KIDS

[www.mouthhealthy.org/en/ada-seal-products/kids-shopping-list](http://www.mouthhealthy.org/en/ada-seal-products/kids-shopping-list)

**ESTABLISH A "DENTAL HOME," TIPS ON TOOTH DECAY PREVENTION, REPORTS, GET IT DONE IN ONE YEAR CHECKLIST AND MORE**

[www.mychildrensteeth.org/](http://www.mychildrensteeth.org/)



# Parents and Caregivers RESOURCES

Oral Health Campaign [www.mychildrensteeth.org/oralhealth](http://www.mychildrensteeth.org/oralhealth)

**HEALTHY TEETH ACTIVE KIDS:** The American Academy of Pediatric Dentistry has developed this brief guide to help parents and caregivers be prepared for the most common types of childhood tooth injuries.

<http://mouthmonsters.mychildrensteeth.org/?s=active+kids+teeth>

## HOW TO PROTECT YOUR BABY'S TEETH FROM CAVITIES

[www.aapd.org/assets/2/7/Education - Caries.pdf](http://www.aapd.org/assets/2/7/Education_-_Caries.pdf)

[www.aapd.org](http://www.aapd.org)

## A MOM'S GUIDE TO FLUORIDE

<http://www.mouthhealthy.org/en/babies-and-kids/moms-guide-to-fluoride>

## 4-H HEALTHY LIFESTYLES: DENTAL HEALTH

The **4-H Healthy Lifestyles Initiative for 2017 is Dental Health**. Family Health Handouts are monthly activities that families can do together to promote better dental health. Family Health Handouts for the program can be found at the following website:

<http://extension.wvu.edu/youth-family/4h/programs/healthy-lifestyles-initiative>



# *Early Education Programs* **RESOURCES**

## **PRESENTATIONS: SMILE SMARTS DENTAL HEALTH CURRICULUM**

Smile Smarts! is dental health curriculum for preschool through grade eight students offering flexible, modular lesson plans, support materials, hands-on classroom demonstrations, student activity sheets, and suggestions for future dental health activities.

**[www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum](http://www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum)**

## **WV DHHR APPROVED STANDARDIZED ORAL HEALTH CURRICULUM**

PDFs of teacher curriculum guides for Pre-K Head Start:

**<https://livewell.marshall.edu/OralHealth/resources/>**

## **HEALTHY SCHOOLS- DENTAL EXAM REQUIREMENTS**

The mission is to provide leadership, training and support for schools and their communities designed to improve collaboration and ensure the health and educational achievement of children in a safe, nurturing and disciplined environment. Health and wellness requirements for students in the areas of HealthCheck, Dental exams, and Immunizations are on the Healthy Schools website.

**<http://wvde.state.wv.us/healthyschools/>**

## **CDC REPORT ON TOOTH DECAY AMONG PRESCHOOL CHILDREN**

**[www.cdc.gov/nchs/pressroom/07newsreleases/oralhealth.htm](http://www.cdc.gov/nchs/pressroom/07newsreleases/oralhealth.htm)**

## **RESOURCES FOR HOME VISITORS** Click below for a two-page list of resources.

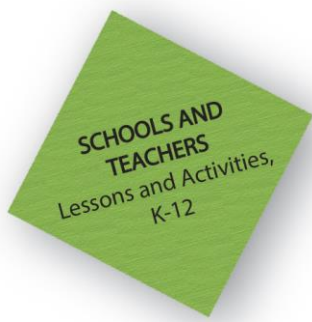
**<http://www.cabellfrn.org/home/dental/resources-for-early-education-programs-pre-k-in-home-family-education>**



# *Early Education Programs* RESOURCES

## HANDOUTS AND OTHER PRESENTATIONS AND EDUCATION COURSES

- Supply Request Oral Health – Call (304) 558-3510 for more information.
- Marshall University Oral Health <https://livewell.marshall.edu/OralHealth>
- Campaign for Dental Health [www.ilikemyteeth.org](http://www.ilikemyteeth.org)
- National Center on Early Childhood Health Brush Up Newsletter Head Start Early Learning & Childhood Knowledge Center <https://eclkc.ohs.acf.hhs.gov/oral-health>



# *Schools and Teachers* LESSONS AND ACTIVITIES

## SCHOOL FLUORIDE MOUTH RINSE PROGRAM

West Virginia Fluoride Mouth Rinse Project Instruction Manual provides information for school administrators and personnel, FMR coordinators and parents. It includes project administration guidelines, policies and procedures, teacher recommendations and forms. Instruction Manual <https://livewell.marshall.edu/OralHealth>

**DENTAL HEALTH DISCUSSION IDEAS** Use these resources for interactive discussions with children about their oral health. [www.mouthhealthykids.org/en/educators/presentations-and-resources](http://www.mouthhealthykids.org/en/educators/presentations-and-resources)

## WV DHHR APPROVED STANDARDIZED ORAL HEALTH CURRICULUM

PDFs of teacher curriculum guides for Pre-K HeadStart, K-5 Lesson Plans, 6-12 Lesson Plans and School Community Oral Health Conference Handouts and Presentations  
<https://livewell.marshall.edu/OralHealth/resources/>

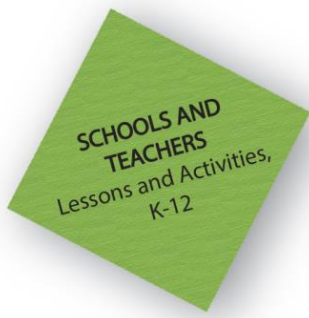
## PRESENTATIONS: SMILE SMARTS DENTAL HEALTH CURRICULUM

Smile Smarts! is dental health curriculum for preschool through grade eight students offering flexible, modular lesson plans, support materials, hands-on classroom demonstrations, student activity sheets, and suggestions for future dental health activities.  
[www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum](http://www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum)

## HEALTHY SCHOOLS

The mission is to provide leadership, training and support for schools and their communities designed to improve collaboration and ensure the health and educational achievement of children in a safe, nurturing and disciplined environment. For HealthCheck Comprehensive Well child Exam, Immunizations and Dental Exam visit the Healthy Schools website.  
<https://wvde.state.wv.us/healthyschools/>





# *Schools and Teachers* LESSONS AND ACTIVITIES

## HANDOUTS AND OTHER PRESENTATIONS AND EDUCATION COURSES

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- Marshall University Oral Health <https://livewell.marshall.edu/OralHealth>
- Campaign for Dental Health [www.ilikemyteeth.org](http://www.ilikemyteeth.org)
- National Center on Early Childhood Health Brush Up Newsletter Head Start Early Learning & Childhood Knowledge Center <https://eclkc.ohs.acf.hhs.gov/oral-health>

## SCHOOL-BASED ORAL HEALTH PROJECT

[www.healthinschools.org](http://www.healthinschools.org)

## AMERICA'S TOOTHFAIRY

Supports the delivery of oral health education and care of children starting at the prenatal level. They offer free programs, support, products and information to local school districts and school nurses.

[www.ncohf.org](http://www.ncohf.org)

## 4-H HEALTHY LIFESTYLES: DENTAL HEALTH

The **4-H Healthy Lifestyles Initiative for 2017 is Dental Health**. Family Health Handouts are monthly activities that families can do together to promote better dental health. Family Health Handouts for the program can be found at the following website:

<http://extension.wvu.edu/youth-family/4h/programs/healthy-lifestyles-initiative>



# Community Organizations and FRNs STATE RESOURCES

## MARSHALL UNIVERSITY SCHOOL OF MEDICINE

[www.thinkoralhealth.org](http://www.thinkoralhealth.org)

### ORAL HEALTH COMMUNITY COORDINATORS

Wendy Mosteller, RDH, CTTS - 304-541-2119, [wendy.mosteller@marshall.edu](mailto:wendy.mosteller@marshall.edu)

Gina Sharps, MPH, RDH, CTTS - 304-276-0572, [sharpsg@marshall.edu](mailto:sharpsg@marshall.edu)

Bobbi Muto, MPH, RDH, CTTS - 304-542-9592, [bjmuto.steele@marshall.edu](mailto:bjmuto.steele@marshall.edu)

## WEST VIRGINIA ORAL HEALTH COALITION

[www.wvohc.org](http://www.wvohc.org)

## WEST VIRGINIA PERINATAL PARTNERSHIP

[www.wvperinatal.org](http://www.wvperinatal.org)

## ASSOCIATION OF MATERNAL AND CHILD HEALTH PROGRAMS

[www.amchp.org](http://www.amchp.org)

## WEST VIRGINIA MEDICAL PROGRAM AND SCHOOL RESOURCES

<https://livewell.marshall.edu/OralHealth> to find out about these programs.

### MEDICAL: FLUORIDE VARNISH PROGRAM - CAVITY FREE BY THREE

Because primary care providers encounter new parents and infants during their well-child care visits, they are uniquely positioned to play a significant role in the prevention of dental caries. It is essential that primary care providers be aware of the infectious pathophysiology and associated risk factors of dental caries in very young patients so they make appropriate decisions regarding timely and effective intervention.

All primary care providers and staff that treat children are required to complete the Smiles for Life training course in caries risk assessment. The program targets children ages six months to under 36 months (three years) who are at-risk or high-risk for developing dental caries.



# *Community Organizations and FRNs* STATE RESOURCES

## SCHOOLS: FLUORIDE MOUTH RINSE PROGRAM

West Virginia Fluoride Mouth Rinse (FMR) Project Instruction Manual provides information for school administrators and personnel, FMR coordinators and parents. It includes project administration guidelines, policies and procedures, teacher recommendations and forms.

## WEST VIRGINIA ORAL HEALTH PLAN

<https://livewell.marshall.edu/OralHealth/resources/>

## FAMILY RESOURCE NETWORKS (FRNS) IN WEST VIRGINIA

The West Virginia Family Resource Networks are organizations that respond to the needs and opportunities of the community. Partnering with community members and public and private organizations, the WVFRN.org members develop innovative projects and provide needed resources for their local areas. Our initiatives demonstrate the network's commitment to community development in the region. Find your county contact on the website: [www.wvfrn.org](http://www.wvfrn.org)

# Dental Health NATIONAL RESOURCES

## CENTER FOR DISEASE CONTROL (CDC)

[www.cdc.gov/oralhealth/basics/index.html](http://www.cdc.gov/oralhealth/basics/index.html)

## CAMPAIGN FOR DENTAL HEALTH (CDH)

Ensures people of all ages have access to the most effective, affordable and equitable way to protect teeth from decay – community water fluoridation.

[www.ilikemyteeth.org](http://www.ilikemyteeth.org)

## AMERICAN ACADEMY OF PEDIATRIC DENTISTRY (AAPD)

The national membership association representing the specialty of pediatric dentistry. AAPD equips parents and caregivers with the latest evidence-based information on the prevention of tooth decay and the establishment of a foundation for a lifetime of oral health. Includes reports and latest information. As the recognized authority on pediatric oral health care, it's important to us that parents and caregivers have a resource they can turn to whether they are looking for general information related to their child's dental health or guidance on a specific issue. [www.mychildrensteeth.org](http://www.mychildrensteeth.org)

This infographic includes key stats from AAPD's first-ever State of Little Teeth Report which examines the epidemic of tooth decay among children.

<http://mouthmonsters.mychildrensteeth.org/key-stats-from-the-state-of-little-teeth-report/>

## HEALTHY TEETH ACTIVE KIDS

The American Academy of Pediatric Dentistry has developed this brief guide to help parents and caregivers be prepared for the most common types of childhood tooth injuries.

<http://mouthmonsters.mychildrensteeth.org/active-kids-healthy-teeth/>

FIND A HEALTH CENTER <https://www.findahealthcenter.hrsa.gov/>

## MOUTH HEALTHY BY THE AMERICAN DENTAL ASSOCIATION

Information about all life stages from pre-natal to senior adults and topics A to Z about dental health.

<http://www.mouthhealthy.org>



# Dentist RESOURCES

## FIND AN AMERICAN DENTAL ASSOCIATION MEMBER DENTIST:

<http://www.mouthhealthy.org/en/find-a-dentist>

## FIND A WEST VIRGINIA DENTAL ASSOCIATION DENTIST:

[www.wvdental.org/find-a-dentist](http://www.wvdental.org/find-a-dentist)

- Patient Education: [www.wvdental.org/patient-education](http://www.wvdental.org/patient-education)
- West Virginia Dental Association Find a Dentist: [www.wvdental.org/find-a-dentist](http://www.wvdental.org/find-a-dentist)

Dental Clinics throughout West Virginia: provide care to individuals with special considerations. These clinics provide dental services to disabled, low income patients, patients on Medicaid, children, and others in need of dental care that they could otherwise not afford.

- Susan Dew Hoff Memorial Clinic – West Milford, WV 304-745-3700
- Wheeling Health Right – Wheeling, WV 304-233-9323
- WV Health Right – Charleston, WV 304-414-5910
- Ebenezer Medical Outreach – Huntington, WV 304-529-0753
- Putnam County Dental Health Council – Poca, WV 304-586-3111
- Milan Puskar Health Right – Morgantown, WV 304-292-8234

## AMERICAN ACADEMY OF PEDIATRIC DENTISTS: FIND A PEDIATRIC DENTIST

[www.mychildrensteeth.org/dentist\\_search](http://www.mychildrensteeth.org/dentist_search)

## INSURE KIDS NOW

Find a dentist who accepts Medicaid and CHIP: [www.insurekidsnow.gov](http://www.insurekidsnow.gov)

## YOUR GUIDE TO FINDING AND PAYING FOR DENTAL CARE

[www.mouthhealthy.org/en/dental-care-concerns/paying-for-dental-care](http://www.mouthhealthy.org/en/dental-care-concerns/paying-for-dental-care)

## PERSONALIZED ORAL CARE COACHING

Visit a Pediatric Dentist in your local community or find one here: [www.aapd.org/finddentist](http://www.aapd.org/finddentist)



# Dentist and Community RESOURCES

## WHAT PARENTS SHOULD KNOW ABOUT DENTAL COVERAGE FOR THEIR CHILDREN UNDER THE ACA AND OTHER SOURCES

A child with good dental health has an easier time eating, speaking, sleeping, playing, going to school and paying attention in class. Unfortunately, tooth decay is the most common chronic early childhood disease in the United States, and dental problems cause America's children to miss 51 million school hours a year. Part of the solution to protecting the dental health of your children is a solid dental insurance plan that is the right fit for your family.

**[www.mychildrensteeth.org/education/aca\\_coverage\\_for\\_children/](http://www.mychildrensteeth.org/education/aca_coverage_for_children/)**

## NEEDY MEDS: FREE AND LOW-COST CLINICS

Free and low-cost clinics provide primary and preventive medical and dental care to area residents. In addition to the clinic name, address, telephone number, website (if available) and location map, the following information is listed for each clinic: fees, insurance guidelines, eligible patient income levels, and services offered. Please note that clinics are not necessarily free.

**<http://www.needymeds.org/free-clinics-branch>**

## ORAL HEALTH ADULT SERVICES PROGRAMS: DONATED DENTURE AND PRE-EMPLOYMENT PROJECTS

A project of the Bureau for Public Health, Office of Maternal, Child and Family Health/Oral Health Program (OMCFH/OHP) that offers free partials or full dentures through a partnership with dentists across the state who agree to donate their services to patients who meet various criteria. For more information on the Donated Denture Project or Pre-Employment Project, please visit your local DHHR office. Contact Charlene Hickman, Adult Services Supervisor, at 800-642 8522, 800-558 5388 or **[charlene.m.hickman@wv.gov](mailto:charlene.m.hickman@wv.gov)**.

**FIND A HEALTH CENTER** Health Resources & Services Administration (HRSA) Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Contact the health center organization directly to confirm the availability of specific services and to make an appointment. Search the database on the website to find a center near you.

**[www.findahealthcenter.hrsa.gov](http://www.findahealthcenter.hrsa.gov)**

## BROOKE HANCOCK FAMILY RESOURCE NETWORK

**Website:** [www.brookehancockfrn.org](http://www.brookehancockfrn.org)

**Brooke Hancock FRN Community Resource Guide:** Our Resource Guide is listed on the left hand side of the screen. The guide is a searchable document.

**“Resources for Healthy Teeth Toolkit”:** The guide can be found under the Family Resource Center tab. The information in the toolkit is compiled to make it easy to access a variety of different materials to help parents and programs promote good oral health and help children have healthy teeth and smiles for life. Examples include: national children’s dental health campaign, tips for healthy teeth, find a dentist, lessons to use with students, and fun activities for children.

## 4-H HEALTHY LIFESTYLES: DENTAL HEALTH

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