

BROOKE HANCOCK FAMILY RESOURCE NETWORK NEWSLETTER



03/
01/
24

Volunteer Opportunities with BHFRN



We were so honored to have 8 students and a faculty member from **Weirton Madonna High School** come to the FRN on Friday February 2nd to donate their time and talent! This is the 2nd year in a row that we were chosen as a site for the school's "Day of Service" and the final celebration of "Catholic Schools Week." The students helped organize crafts for our Inclusion Circle events, stocked our community pantry, and put their janitorial skills to work cleaning the office! **We are so grateful for their service!**

If you or anyone you know would be interested in **volunteering** for any of the FRN's programs, please use this QR code to let us know!



HANCOCK COUNTY FAMILY SUPPORT CENTER

We celebrated Valentines day with our littles by making crafts and enjoying yummy snacks. We had kids aging from 0 to 4 years old participate. We had new friends join the group this month which put us up to eight kids.



Teen Night- The group learned how to make homemade sugar scrubs and were able to create/name their own scent. We had many "swifites" in the group who created scents to go with their favorite songs.



DISABILITIES ACCEPTANCE COALITION

BHFRN's Executive Director, Janna taught a fun & easy cooking baking class.



DAC members and community members enjoyed learning a new way to bake cookies.

BROOKE COUNTY FAMILY SUPPORT CENTER

Brooke FSC partnered with YSS to bring a life skills workshop to students at the Bruin Bridge. They met on Tuesdays through January and February to work on goal setting, improving decision making, managing stress, learning effective communication skills, and building positive relationships.



Brooke FSC also partnered with the Senior Center in Follansbee to bring the community a Heart Healthy Event for Heart Healthy Awareness Month. Community members got to come in and do a craft with our Healthy Grandfamilies Ambassador Pebbles, got to meet with a health coach from the Health Plan, and participated in chair yoga with Taylor Provenzano from Soulshine Yoga.



PARENTS AS TEACHERS



Parenting is hard, we can help! For more information and to sign up for this free home visiting program scan this QR code, call: 304-748-7850 ext. 1005 OR text: 724-298-8493



INTRODUCING DOULA SERVICES

Dani Cline CD(DONA) is serving as a PAT educator and Doula. She has been a birth doula for 7 years, 5 of those years being with the Mount Carmel Doula Program in Columbus, OH. She is available to provide support for expectant mothers to help them through a safe and positive birthing process. For more information on Dani's Doula services, please call her at 304-748-7850 EXT 1008



BROOKE HANCOCK FRN COMMUNITY PANTRY

BHFRN provided food and hygiene/household bags to the community at our three pantry sites. We served 63 families at our Chester pantry site, 64 families at our Wellsburg pantry site, and 75 at our Weirton pantry site. BHFRN helped serve 150 families at the Mountaineer food bank mobile pantry.



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PANTRY AND SITE INFORMATION

To sign up for pantry assistance and upcoming events call: 304-748-7850

BHFRN - 1300 Potomac Ave Ste. C Weirton, WV

Ext. Option 2 **Pantry Pick Up- 3/13. 10a-5p**

Brooke County FSC - 1447 Main St, 2nd Floor Wellsburg, WV

Ext. 1004 or 1015 **Pantry Pick Up- 3/8, 4/12. 9a-5p**

Hancock County FSC - 600 Indiana Ave. Chester, WV Room 306

Ext. 1003 or 1014 **Pantry Pick Up- 3/19. 10a-5p**



MOUNTAINEER FOOD BANK

MOBILE FOOD PANTRY

Brooke County

while

Dollar General

Supplies Last

Market

16470 River Road,
Wellsburg, WV

Tue, April 23, 2024
at 11 am - 12:30 pm

FOOD



GIVEAWAY



UPCOMING EVENTS IN MARCH, 2024



3/2 Free Information on Child passenger safety 12-2pm @ Hancock FSC

3/7 Playgroup Easter Party with Bunny 11-12:30 pm @ Hancock FSC

3/7 Toy Swap-Bring a lightly used toy & swap for a "new" toy! 10-2pm @ BHFRN

3/8 Hancock County Partners in Prevention Team Meeting at 9am via zoom

3/12 Web Safety workshop * @ Brooke FSC

3/13 Inclusion Circle St. Patrick's Day Celebration 4:30 pm @ BHFRN

3/16 Teen Group St. Patrick's Pizza Party & Painting 12-1pm @ Hancock FSC

3/18 Healthy Grandfamily luncheon 11:30am @ Family Services of Upper Ohio
Valley in Wheeling

3/23 Daditude 10-12 pm @Refocus Christian Church @ 861 Neville Street,
Follansbee RSVP to Jason Cline @ 304-670-9566

3/27 Inclusion Circle Easter Celebration 4:30 pm @ BHFRN

3/29 Playgroup Easter Party with Bunny 11-12 pm @ BHFRN

3/29 Teen Group St. Patrick's Pizza Party & Painting 4:30-5:30pm @BHFRN

3/29 Healthy Grandfamilies Group 12pm @ BHFRN

3/30 Easter Egg Hunt with The City of Weirton starting at 11am



EGG MY YARD BHFRN FUNDRAISER

Order Your choice of eggs filled with toys, candy, or both.
Staff at the Brooke Hancock Family Resource Network
will hide the eggs in your yard for your children to Wake
up to Easter surprises on March 31st, 2024.

For Brooke, Hancock And Marshall County Residents.
All proceeds benefit the BHFRN programs.

25 Eggs
for \$15
40 Eggs
for \$25
55 Eggs
for \$35

Add on:
Personalized
letter and picture
from Easter
Bunny \$5.00



Orders must be placed
by March 23, 2024
Register by scanning
the QR code or
by clicking the link.
For help registering, call
304-748-7850 EXT 1014



If you are
interested in
volunteering to
help fill eggs /
hide eggs in yards,
please call or scan
this QR code.



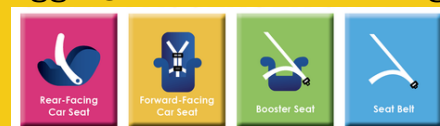
Marshall, Brooke, & Hancock Counties

CHILD PASSENGER SAFETY TECHNICIANS



Nicole Reed,
Available By Appointment Only
304-748-7850 ext. 1009
nreed@brookehancockfrn.org

Nichole Riggle,
Available By Appointment Only
304-748-7850 ext. 1012
nriggle@brookehancockfrn.org



Check "Upcoming Events" For Free
Information on Car Seat Safety in Chester, WV

Contact us and follow our Facebook page for the most up-to-date information on events, resources, and more!

(304) 748-7850

Facebook.com/BHFRN

1300 Potomac Ave Suite C Weirton



Brookehancockfrn.org