

# BROOKE HANCOCK FAMILY RESOURCE NETWORK NEWSLETTER



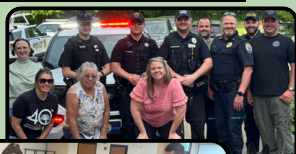
05/  
28/  
24



Forever In Our Hearts  
Dewey Joseph Guida, Jr.  
May 3, 1944 - May 14, 2024

The Disability Acceptance Coalition was listed as one of the designated organizations to receive memorial contributions in honor of Dewey Guida, Jr. who passed away on May 14th. Dewey was a kind and generous man who worked tirelessly in the Weirton area to make a better community for everyone. We would like to thank everyone who donated funds to DAC in his honor and our hearts go out to Dewey's family at this incredible loss.

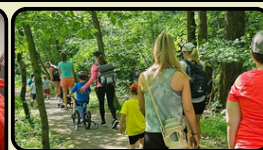
## HANCOCK COUNTY FSC



This month we partnered with Chester Police Department for Cones with Cops to celebrate national police week. We passed out over 60 snow cones to families who attended. We had stations set up where kids were able to color a picture or write a thank you letter to an officer. Police officers from both Chester PD and Hancock County Sheriffs Department participated in a touch-a-cruiser and a K9 demonstration. We also partnered this month with WVU Extension Office to make pizza in a bucket at New Manchester Elementary school. This is an event where students are provided all seeds to grow ingredients to make their own pizza toppings! Each student received a grow bag to take home to transplant their seeds to grow at home. We will be doing this event with Allison Elementary on May 31st as well.

Our Me Time For Moms group completed their How to Talk Workshop with parent leader Betsy Nixon. It was such a big hit that we are considering doing it a second time around. Also this past month our two parent leaders Jason Cline (Daditude) and Betsy Nixon (Me Time For Moms) went with Wuela to Blackwater Falls to participate in the Circle of Parents Training. They are now officially certified through the Circle of Parents. We also collected donations of flood cleanup materials to be distributed in Brooke County and had dropped them off both at Refocus Christian Church and the Wellsburg Fire Department. We had a great turn out for our Thursday Yoga in Central Park with Taylor Aitken Provenzano from Soulshine LLC. So excited to make this a weekly event through out the summer. Join us for the next one next Thursday at 5:30 at Central Park in Wellsburg. All ages and skill levels are welcome!

## BROOKE COUNTY FSC



## PARENTS AS TEACHERS



PAT attended 3 community baby showers in the month of May. We served over 100 prenatal or new mothers! We supplied them all with a baby book, wipes, and developmental information. Our doula was in attendance to spread advocacy of the benefits of having a doula involved in healthy births. She is currently accepting birthing clients free of charge in Brooke and Hancock counties.

## THE INCLUSION CIRCLE



Paint and Punch Success! The Inclusion Circle hosted a free Paint and Punch activity on May 11th and had a blast! Attendees were able to use a guided canvas to create a beautiful spring picture. Thanks to all that could attend and to Deborah Smith, Paint Brush Social, for leading our group to create amazing, individualized paintings. We will be hosting another free Paint and Punch in October, so watch for an announcement and RSVP as soon as possible as space is limited to 30 attendees.



# BROOKE HANCOCK FAMILY RESOURCE NETWORK NEWSLETTER



05/  
28/  
24

## PANTRY AND SITE INFORMATION

To sign up for pantry assistance and upcoming events call: 304-748-7850

**BHFRN** - 1300 Potomac Ave Ste. C Weirton, WV

Ext. Option 2

**Pantry Pick Up- 6/12/24 @10-5 pm**

**Brooke County FSC**-1447 Main St, 2nd Floor Wellsburg, WV

Ext. 1004 or 1015

**Pantry Pick Up- 6/14/2024 @ 9-4pm**

**Hancock County FSC**-600 Indiana Ave. Chester, WV Room 306

Ext. 1003 or 1014

**Pantry Pick Up- 6/18/24 @ 10-5 pm**



## INCLUSION CIRCLE AND DISABILITIES ACCEPTANCE COALITION

To inquire about IC and RVSP  
call Mary at 304-748-7850  
Ext. 1013, To inquire about and  
RSVP to DAC call Rita at 304-  
748-7850 Ext. 1002

## UPCOMING EVENTS IN JUNE, 2024

6/2 Family Fun Day 3-6 pm @ Refocus Church  
in Follansbee

6/5 DAC meeting 12 pm @ BHFRN

6/6 Summer Feeding Program Kickoff

Monday Through Thursday 12-1pm

6/7 Summer Sprouts Every Friday 11-12PM

6/7 Playgroup 10-11:0 am @ 1st Ward Park in Wellsburg

6/12 Annual Pittsburgh Zoo & Aquarium Trip

6/11 Playgroup 10-11:30 am @ 1st Ward Park in Wellsburg

6/13 Popsicles in Park Playgroup

@ Chester City Park 11-12pm

6/13 Autism training @ 11-12p Via Zoom

6/14 Teen Group-Tie Dye Beach Towels Hancock FSC  
Room 306 4-5pm

6/15 Roll and Read 11am-2 pm @ Xavier Hall Moundsville

6/20 Inclusive Pool Party at Starvaggi Pool, Weirton 7:00pm - 9:00pm

6/24 Roll and Read 11am-2 pm @ Chester City building

6/26 Make Your Own Dryer Sheers Hancock County FSC Room 306 5pm

6/26 4th of July Picnic at Cove Valley Park, Kings Creek-Weirton 4:30-6:30pm

6/28 Popsicles in the Park Playgroup @ New Cumberland City Park 11-12pm

7/10 Pollinating Power Activity Night at BHFRN 4:30pm - 6:00pm

7/18 Inclusive Pool Party & PAT Graduation at Starvaggi Pool, Weirton 7-9 pm

7/24 Bank on It! Activity Night at BHFRN 4:30pm - 6:00pm

\*Walking Group Every Wednesday at 11 am and 5 pm meet at Hancock FSC

\*Yoga in Central Park with Taylor Aitken Provenzano from Soulshine LLC every  
Thursday at 5:30 pm

**NORTHERN PANHANDLE  
PARENTS AS TEACHERS  
ANNUAL  
ROLL AND READ**

Join us for fun activities  
while reading through...

Receive a  
FREE copy of  
the book!

**Duck! Rabbit!**  
By Amy Krouse  
Rosenthal and Tom  
Lichtenheld

**When** Monday, June 24th, 2024  
11AM-2PM

**Where** Chester City Building Gym  
600 Indiana Ave.  
Chester, WV 26034  
Call or Text  
724-298-8493

**RSVP/Questions**

Register to receive a free bicycle  
sponsored by **COMMUNICYCLE!**

## BROOKE HANCOCK FRN COMMUNITY PANTRY



BHFRN provided food and  
hygiene/household bags to the  
community at our three pantry  
sites. We served 35 families at  
our Chester pantry site, 65  
families at our Wellsburg pantry  
site, and 44 at our Weirton  
pantry site and 170 families at  
the mobile pantry.

For PAT  
sign-up  
information,  
call:

304-748-7850

ext. 1005

Or text 724-298-8493



Interested in  
becoming a PAT  
Parent Educator?  
Scan this QR code  
to learn more!

## HEALTHY GRANDFAMILIES

We are looking to build our Healthy Grandfamilies group for  
Brooke, Hancock, Ohio, and Marshall counties. If you or  
someone you know has guardianship of their grandchildren  
please reach out to us. We would love to help provide support  
and educational sessions. please call (304) 748-7850  
Option 10 to speak to a navigator and learn more about our program.



The Ohio and Marshall county Healthy Grandfamily held a luncheon. Legal Aid  
was their to provide information and answer any questions any of the  
GrandFamilies had.

## Volunteer Opportunities

If you have a skill you  
would like to teach to  
others or are interested in  
volunteering for any FRN  
programs, please use this  
QR code to let us know.



Contact us and follow our Facebook page for the most up-to-date information on events, resources, and more!

(304) 748-7850

Facebook.com/BHFRN

1300 Potomac Ave Suite C Weirton



Brookehancockfrn.org